

By Arthur Agatston - The South Beach Diet Good Fats/Good Carbs Guide (Revised): The Complete And Easy Reference For All Your Favorite Foods (The South Beach Diet) (Rev Exp) (3.2.2005) By Arthur Agatston

By Arthur Agatston

Meet Dr. Agatston, leading cardiologist and creator of the South Beach Diet.

Aug 03, 2014 Arthur Agatston, M.D., is Medical Director of Wellness and Prevention for Baptist Health South Florida, a professor at Florida International University
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Arthur Agatston, MD, attended New York University School of Medicine. He did his internal medicine training at Montefiore Medical Center at the Albert Einstein

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In 2005 a similar trial in South Africa's Orange Farm was played through the office of Dr. Arthur Agatston on Top 10 Foods for a Good Night

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Arthur Agatston (born 1947) is an American cardiologist best known as the developer of the South Beach Diet, but also the author of many published scholarly papers in

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Colman Andrews is living the life most culinarians would be envious of. Travelling the globe, enjoying great regional food and wine, and getting to write about it in

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The South Beach Diet: Arthur Agatston. Published by Headline (2005)